GHK GLOSSARY

DHS	Dirk Hamer Syndrome - An unexpected, acute & isolating event that activates an SBS. The biological conflict shock.
SBS	Significant Biological Survival Program - the meaningful program that is initiated at the moment of DHS.
CA	Conflict Active/Activity - the sympathetic 'stress' phase of an SBS. The first phase of the law of two phases.
CL	Conflictolysis - the resolution point of an SBS. Lysis = breakdown, therefore conflict breakdown.
PCL	Post Conflictolysis - post resolution, the second phase of the law of two phases. The restoration/healing phase which is parasympathetic.
EC	Epileptoid/Epileptic/Epi-Crisis - the point that divides PCL-A from PCL-B. Peak of restoration with a brief return to CA/stress.
HH	Hamerscher Herd/Hamer Focus (foci) - concentric ring pattern visible via CT on the brain and organ from the moment of DHS.
Tracks	Stored sensory impressions associated with a DHS. Intended as an early warning signal, but can cause hanging healings.
Sympathicotonia	Sympathetic nervous system activation. Normal day time state and also continuously dominant during CA + EC phase.
Vagotonia	Parasympathetic nervous system activation. Normal night time state and also continuously dominant during PCL phase.
Normotonia	Normal autonomic nervous system rhythm. Balanced between day/sympathetic and night/parasympathetic. Eutonia.
Syndrome	An active Kidney Collecting Tubule SBS concurrent with PCL of any other SBS can exacerbate PCL symptoms and cause serious complications.
Conflict Load	'Load' is built up every moment in CA. This impacts the length & severity of the PCL phase. Conflict intensity also effects load.

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